

Curriculum Vitae

Name Mary Sabina Winder

Home Address 20 Hall View
Mattersey
Doncaster
South Yorkshire
DN10 5HY

Telephone 01777 816328

Date of Birth 25.03.55

Nationality British

Marital Status Married

Secondary Education Presentation Convent, Matlock, Derbyshire
1967 - 1971
5 'O' Level passes

High Peak College of F.E. Buxton, Derbyshire
1971 -1973
City + Guilds Catering Course (Passed)

North Nottinghamshire College of F.E.
1988 -1989
5 G.C.S.E. passes

Voluntary Work Hospice at Home Volunteer
1994 - 1998
Cedar House, Bassetlaw Hospice, Retford.

Fund Raiser for 'Care for Cats' Rescue Center

Previous Jobs General assistant Cavendish Hotel, Baslow

Care Assistant at Cedar House - Bassetlaw Hospice
1993 - 1998

D Grade Staff Nurse (Gynecology)
2001 - 2004
Rotherham General Hospitals NHS Trust
Moorgate Road, Oakwood, Rotherham
S60 2UD

E Grade staff Nurse
2004 - 2015
Cedar House, Bassetlaw Hospice, North Road, Retford
Retired in March 2015

Other Interests Member of local Amateur Dramatics Society and
Singing group
Life-long animal lover and fund raiser for local cat
rescue
Creating cross -stitch designs and doing jig -saws
Adult colouring
Socialising

Holds a full driving license and have own transport

About Me

In the past, I have worked in a hotel environment waiting on and front of house delivering consistent and excellent service to clients.

During my career as a nurse, I often encountered difficult situations both for patients and relatives, I am very skilled at putting people at ease in stressful times and sorting out issues.

I consider myself to be an excellent communicator at all levels to all ages, and am organized in my work place, and have a calm, friendly and reassuring manner.

I have been responsible for mentoring Student Nurses, having empathy for younger people as I remember well being a student myself.

I am keen to learn and possess a good sense of humour and am able to work under pressure and do not mind hard work.

Working as a nurse I am used to dealing with patients and relatives who are frightened and anxious. I was able to offer calm reassurance and encouragement, often in difficult situations, when having a mature approach was often an advantage.

In my work place I enabled clients to choose appropriate foods from the menu and then to serve meals to clients and their families.

I feel I am able to read signs from people's body language and recognize non verbal clues, and have had some experience dealing with people who are frustrated and angry, again having some life experience was invaluable to achieve this.

In March 2015 I retired from nursing and now feel I would enjoy a part time job with yourselves and would like to be considered for a job with yourselves in the new Sun Inn, as I feel my past experiences would enable me to be successful in this post.

Also as I live locally I feel I would be a valuable member of your team.